

# EGUSD Food and Nutrition Services

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Feb 1, 2012 thru Feb 29, 2012 Spreadsheet - Portion Values

Jan 18, 2012

## 2 Lunch Choice

	Portion Size	Cals (kcal)	Carb (g)
Wed - 02/01/2012			
2 Lunch Choice	Total		
SANDWICH GRILLED CHEESE cs	1 sandwich	297	31.9
PIZZA CHSE STICKS LUNCH case	2 Sticks	372	43.03
TACO Soft Beef w/Gordito rack	1 EACH	230	16.58
PEANUT BUTTER/JELLY BAR	1 bar	290	30.0
Yogurt Fruited 6 oz	1 carton	170	34.0
Condiments Offered	2 packets	23	6.05
Jicama rack	1/2 cup	92	6.5
Green Salad 1/2 C. SVG rack	.5 oz	74	1.77
KIWI WEDGES 1 rack	1 each	46	11.14
Fruit Choice (Winter)	each	58	14.95
Fruit Choice (Winter)	each	58	14.95
Fruit Juice Choice	4 oz	64	16.26
Milk White 1% menu 2	1 8 OZ. CARTON	130	16.0
Milk Chocolate NF menu 2	each	120	22.0
Field Trip Lunch	1	664	88.5
ADD/SUB	0	0	0.0
ADD/SUB	0	0	0.0
ADD/SUB	0	0	0.0
Weighted Daily Average		582	71.35
% of Calories			49.0%

Thu - 02/02/2012			
2 Lunch Choice	Total		
CHEESBURGER MINI 2/PKG ca	1 package	465	48.1
MACARONI & CHEESE RACK	7 oz	356	60.45
Pizza Bfast w/Saus wrpd ra	1 each	180	21.0
Sandwich PB Jamwich72/2.8	1 each	281	32.15
Yogurt Fruited 6 oz	1 carton	170	34.0
Condiments Offered	2 packets	23	6.05
Carrots Packs 200/case	1 packet	19	4.35
Condiment -veggie (ranch)	1packet	70	1.0
VEGETABLES Mixed 1/2 C SVG rac	.5 cup (3.2 oz)	55	10.92
Fruit Cup Peach Case	1 Each	130	32.98
Fruit Choice (Winter)	each	58	14.95
Fruit Choice (Winter)	each	58	14.95
Fruit Juice Choice	4 oz	64	16.26
Milk White 1% menu 2	1 8 OZ. CARTON	130	16.0
Milk Chocolate NF menu 2	each	120	22.0
ADD/SUB	1	0	0.0
ADD/SUB	1	0	0.0
Field Trip Lunch	1	664	88.5
Weighted Daily Average		628	93.75
% of Calories			59.7%

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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# EGUSD Food and Nutrition Services

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Feb 1, 2012 thru Feb 29, 2012 Spreadsheet - Portion Values  
2 Lunch Choice

Jan 18, 2012

	Portion Size	Cals (kcal)	Carb (g)
Fri - 02/03/2012			
2 Lunch Choice	Total		
PIZZA, FRENCH BR, Cheese WG cs	1 EACH	278	28.74
CHICKEN TERIYAKI with RICE rac	5.5 oz portions	380	51.27
FISH NUGGETS 4/SVG rack	4 Nuggets	266	17.31
PEANUT BUTTER/JELLY BAR	1 bar	290	30.0
Yogurt Fruited 6 oz	1 carton	170	34.0
Condiments Offered	2 packets	23	6.05
Green Salad 1/2 C. SVG rack	.5 oz	74	1.77
APPLESAUCE 1/2 cup serving ra	1/2 cup	52	13.77
Fruit Choice (Winter)	each	58	14.95
Fruit Choice (Winter)	each	58	14.95
Fruit Juice Choice	4 oz	64	16.26
Cookie, Chocolate Chip LF Ra	1 cookie	110	18.02
Milk White 1% menu 2	1 8 OZ. CARTON	130	16.0
Milk Chocolate NF menu 2	each	120	22.0
ADD/SUB	1	0	0.0
ADD/SUB	1	0	0.0
ADD/SUB	0	0	0.0
Field Trip Lunch	1	664	88.5
Weighted Daily Average		694	89.70
% of Calories			51.7%

Mon - 02/06/2012			
2 Lunch Choice	Total		
Pizza, Piazza's Pepperoni CASE	1 each	400	46.0
Bean Dip w/ chips rack	6.0 oz	351	43.92
CHICKEN PATTY/BUN 1/SVG rack	1 Each	300	27.0
PEANUT BUTTER/JELLY BAR	1 bar	290	30.0
Yogurt Fruited 6 oz	1 carton	170	34.0
Condiments Offered	2 packets	23	6.05
Carrots Packs 200/case	1 packet	19	4.35
Condiment -veggie (ranch)	1packet	70	1.0
Mixed Fruit 1/2 C. SVG rack	.5 cup	69	17.88
Raisins	1 box	127	33.67
Fruit Choice (Winter)	each	58	14.95
Fruit Juice Choice	4 oz	64	16.26
Cracker, WG Cookie Pres AS	pouch	100	17.96
Milk White 1% menu 2	1 8 OZ. CARTON	130	16.0
Milk Chocolate NF menu 2	each	120	22.0
ADD/SUB	1	0	0.0
ADD/SUB	1	0	0.0
ADD/SUB	0	0	0.0
Field Trip Lunch	1	664	88.5
Weighted Daily Average		762	105.43
% of Calories			55.4%

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# EGUSD Food and Nutrition Services

## 2 Lunch Choice

	Portion Size	Cals (kcal)	Carb (g)
<b>Tue - 02/07/2012</b>			
2 Lunch Choice	Total		
BURRITO BEAN & CHEESE CASE	1 Burrito	389	55.93
MEATLOAF WITH M. POT. rack	1 EACH	291	26.29
TURKEY HAM FRIED RICE (RACK)	7.5 oz	250	34.5
Sandwich PB Jamwich72/2.8	1 each	281	32.15
Yogurt Fruited 6 oz	1 carton	170	34.0
Condiments Offered	2 packets	23	6.05
Carrots Packs 200/case	1 packet	19	4.35
Condiment -veggie (ranch)	packet	70	1.0
PEAS FROZEN 1/2 C rack	.5 cup (2.8 oz)	62	11.41
Fruit Choice (Winter)	each	58	14.95
Fruit Choice (Winter)	each	58	14.95
Fruit Choice (Winter)	each	58	14.95
Fruit Juice Choice	4 oz	64	16.26
Milk White 1% menu 2	1 8 OZ. CARTON	130	16.0
Milk Chocolate NF menu 2	each	120	22.0
ADD/SUB	1	0	0.0
ADD/SUB	1	0	0.0
ADD/SUB	1	0	0.0
Field Trip Lunch	1	664	88.5
Weighted Daily Average		588	85.06
% of Calories			57.9%

<b>Wed - 02/08/2012</b>			
2 Lunch Choice	Total		
SANDWICH GRILLED CHEESE cs	1 sandwich	297	31.9
PIZZA CHSE STICKS LUNCH case	2 Sticks	372	43.03
TACO Soft Beef w/Gordito rack	1 EACH	230	16.58
PEANUT BUTTER/JELLY BAR	1 bar	290	30.0
Yogurt Fruited 6 oz	1 carton	170	34.0
Condiments Offered	2 packets	23	6.05
BROCCOLI Florets 1/2 C. rac	.5 cup	85	4.02
Green Salad 1/2 C. SVG rack	.5 oz	74	1.77
ORANGE WEDGES 1 rack	1 orange	45	11.28
Fruit Choice (Winter)	each	58	14.95
Fruit Choice (Winter)	each	58	14.95
Fruit Juice Choice	4 oz	64	16.26
Milk White 1% menu 2	1 8 OZ. CARTON	130	16.0
Milk Chocolate NF menu 2	each	120	22.0
Field Trip Lunch	1	664	88.5
ADD/SUB	0	0	0.0
ADD/SUB	0	0	0.0
ADD/SUB	0	0	0.0
Weighted Daily Average		579	70.20
% of Calories			48.5%

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# EGUSD Food and Nutrition Services

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Feb 1, 2012 thru Feb 29, 2012 Spreadsheet - Portion Values

Jan 18, 2012

## 2 Lunch Choice

	Portion Size	Cals (kcal)	Carb (g)
<b>Thu - 02/09/2012</b>			
2 Lunch Choice	Total		
CHEESBURGER MINI 2/PKG ca	1 package	465	48.1
MACARONI & CHEESE RACK	7 oz	356	60.45
Pizza Bfast w/Saus wrpd ra	1 each	180	21.0
Sandwich PB Jamwich72/2.8	1 each	281	32.15
Yogurt Fruited 6 oz	1 carton	170	34.0
Condiments Offered	2 packets	23	6.05
Carrots Packs 200/case	1 packet	19	4.35
Condiment -veggie (ranch)	1packet	70	1.0
Corn Cobbette rack	1 each	88	15.64
Applesauce Berry, Motts	4 oz cup	100	25.0
Fruit Choice (Winter)	each	58	14.95
Fruit Choice (Winter)	each	58	14.95
Fruit Juice Choice	4 oz	64	16.26
Milk White 1% menu 2	1 8 OZ. CARTON	130	16.0
Milk Chocolate NF menu 2	each	120	22.0
ADD/SUB	1	0	0.0
ADD/SUB	1	0	0.0
ADD/SUB	1	0	0.0
Field Trip Lunch	1	664	88.5
Weighted Daily Average		637	94.12
% of Calories			59.1%

<b>Fri - 02/10/2012</b>			
2 Lunch Choice	Total		
PIZZA, FRENCH BR, Cheese WG cs	1 EACH	278	28.74
CHICKEN TERIYAKI with RICE rac	5.5 oz portions	380	51.27
FISH NUGGETS 4/SVG rack	4 Nuggets	266	17.31
PEANUT BUTTER/JELLY BAR	1 bar	290	30.0
Yogurt Fruited 6 oz	1 carton	170	34.0
Condiments Offered	2 packets	23	6.05
Green Salad 1/2 C. SVG rack	.5 oz	74	1.77
PINEAPPLE TIDBITS 1/2 C rack	1/2 CUP	60	15.0
Fruit Choice (Winter)	each	58	14.95
Fruit Choice (Winter)	each	58	14.95
Fruit Juice Choice	4 oz	64	16.26
Cookie Sugar 1 oz Rack	1 cookie	128	16.96
Milk White 1% menu 2	1 8 OZ. CARTON	130	16.0
Milk Chocolate NF menu 2	each	120	22.0
ADD/SUB	1	0	0.0
ADD/SUB	0	0	0.0
ADD/SUB	0	0	0.0
Field Trip Lunch	1	664	88.5
Weighted Daily Average		714	88.95
% of Calories			49.8%

<b>Mon - 02/13/2012</b>			
2 Lunch Choice	Total		
HOLIDAY	1	0	0.0
ADD/SUB	1	0	0.0
ADD/SUB	1	0	0.0
ADD/SUB	1	0	0.0
Weighted Daily Average		0	0.00
% of Calories			0.0%

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# EGUSD Food and Nutrition Services

## 2 Lunch Choice

	Portion Size	Cals (kcal)	Carb (g)
<b>Tue - 02/14/2012</b>			
2 Lunch Choice	Total		
BURRITO BEAN & CHEESE CASE	1 Burrito	389	55.93
MEATLOAF WITH M. POT. rack	1 EACH	291	26.29
TURKEY HAM FRIED RICE (RACK)	7.5 oz	250	34.5
Sandwich PB Jamwich72/2.8	1 each	281	32.15
Yogurt Fruited 6 oz	1 carton	170	34.0
Condiments Offered	2 packets	23	6.05
Carrots Packs 200/case	1 packet	19	4.35
Condiment -veggie (ranch)	packet	70	1.0
CORN Whole Kernel 1/2 C rack	.5 cup (2.8 oz)	66	15.83
Fruit Choice (Winter)	each	58	14.95
Fruit Choice (Winter)	each	58	14.95
Fruit Choice (Winter)	each	58	14.95
Fruit Juice Choice	4 oz	64	16.26
Milk White 1% menu 2	1 8 OZ. CARTON	130	16.0
Milk Chocolate NF menu 2	each	120	22.0
Milk, Strawberry	8 oz carton	170	29.0
ADD/SUB	1	0	0.0
ADD/SUB	1	0	0.0
Field Trip Lunch	1	664	88.5
Weighted Daily Average		605	90.66
% of Calories			59.9%

<b>Wed - 02/15/2012</b>			
2 Lunch Choice	Total		
SANDWICH GRILLED CHEESE cs	1 sandwich	297	31.9
PIZZA CHSE STICKS LUNCH case	2 Sticks	372	43.03
TACO Soft Beef w/Gordito rack	1 EACH	230	16.58
PEANUT BUTTER/JELLY BAR	1 bar	290	30.0
Yogurt Fruited 6 oz	1 carton	170	34.0
Condiments Offered	2 packets	23	6.05
Carrot & Celery Sticks rack	1/2 cup	94	6.31
Green Salad 1/2 C. SVG rack	.5 oz	74	1.77
KIWI WEDGES 1 rack	1 each	46	11.14
Fruit Choice (Winter)	each	58	14.95
Fruit Choice (Winter)	each	58	14.95
Fruit Juice Choice	4 oz	64	16.26
Milk White 1% menu 2	1 8 OZ. CARTON	130	16.0
Milk Chocolate NF menu 2	each	120	22.0
Field Trip Lunch	1	664	88.5
ADD/SUB	0	0	0.0
ADD/SUB	0	0	0.0
ADD/SUB	0	0	0.0
Weighted Daily Average		583	71.31
% of Calories			48.9%

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# EGUSD Food and Nutrition Services

## 2 Lunch Choice

	Portion Size	Cals (kcal)	Carb (g)
<b>Thu - 02/16/2012</b>			
2 Lunch Choice	Total		
CHEESBURGER MINI 2/PKG ca	1 package	465	48.1
MACARONI & CHEESE RACK	7 oz	356	60.45
Pizza Bfast w/Saus wrpd ra	1 each	180	21.0
Sandwich PB Jamwich72/2.8	1 each	281	32.15
Yogurt Fruited 6 oz	1 carton	170	34.0
Condiments Offered	2 packets	23	6.05
Carrots Packs 200/case	1 packet	19	4.35
Condiment -veggie (ranch)	1packet	70	1.0
GREEN BEANS fr. 1/2 C. svg rac	.5 cup	19	3.06
Fruit Cup Peach Case	1 Each	130	32.98
Fruit Choice (Winter)	each	58	14.95
Fruit Choice (Winter)	each	58	14.95
Fruit Juice Choice	4 oz	64	16.26
Milk White 1% menu 2	1 8 OZ. CARTON	130	16.0
Milk Chocolate NF menu 2	1 each	120	22.0
ADD/SUB	1	0	0.0
ADD/SUB	1	0	0.0
ADD/SUB	1	0	0.0
Field Trip Lunch	1	664	88.5
Weighted Daily Average		610	89.82
% of Calories			58.9%

<b>Fri - 02/17/2012</b>			
2 Lunch Choice	Total		
PIZZA, FRENCH BR, Cheese WG cs	1 EACH	278	28.74
CHICKEN TERIYAKI with RICE rac	5.5 oz portions	380	51.27
FISH NUGGETS 4/SVG rack	4 Nuggets	266	17.31
PEANUT BUTTER/JELLY BAR	1 bar	290	30.0
Yogurt Fruited 6 oz	1 carton	170	34.0
Condiments Offered	2 packets	23	6.05
Green Salad 1/2 C. SVG rack	.5 oz	74	1.77
PEARS DICED 1/2 C rack	.5 cup	72	19.04
Fruit Choice (Winter)	each	58	14.95
Fruit Choice (Winter)	each	58	14.95
Fruit Juice Choice	4 oz	64	16.26
Cookie Oatmeal 1 oz Rack	1 cookie	114	17.05
Milk White 1% menu 2	1 8 OZ. CARTON	130	16.0
Milk Chocolate NF menu 2	each	120	22.0
ADD/SUB	1	0	0.0
ADD/SUB	1	0	0.0
ADD/SUB	0	0	0.0
Field Trip Lunch	1	664	88.5
Weighted Daily Average		703	89.99
% of Calories			51.2%

<b>Mon - 02/20/2012</b>			
2 Lunch Choice	Total		
HOLIDAY	1	0	0.0
ADD/SUB	1	0	0.0
ADD/SUB	1	0	0.0
ADD/SUB	1	0	0.0
Weighted Daily Average		0	0.00
% of Calories			0.0%

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# EGUSD Food and Nutrition Services

## 2 Lunch Choice

	Portion Size	Cals (kcal)	Carb (g)
<b>Tue - 02/21/2012</b>			
2 Lunch Choice	Total		
BURRITO BEAN & CHEESE CASE	1 Burrito	389	55.93
MEATLOAF WITH M. POT. rack	1 EACH	291	26.29
TURKEY HAM FRIED RICE (RACK)	7.5 oz	250	34.5
Sandwich PB Jamwich72/2.8	1 each	281	32.15
Yogurt Fruited 6 oz	1 carton	170	34.0
Condiments Offered	2 packets	23	6.05
Carrots Packs 200/case	1 packet	19	4.35
Condiment -veggie (ranch)	packet	70	1.0
PEAS FROZEN 1/2 C rack	.5 cup (2.8 oz)	62	11.41
Fruit Choice (Winter)	each	58	14.95
Fruit Choice (Winter)	each	58	14.95
Fruit Choice (Winter)	each	58	14.95
Fruit Juice Choice	4 oz	64	16.26
Milk White 1% menu 2	1 8 OZ. CARTON	130	16.0
Milk Chocolate NF menu 2	each	120	22.0
ADD/SUB	1	0	0.0
ADD/SUB	1	0	0.0
ADD/SUB	1	0	0.0
Field Trip Lunch	1	664	88.5
Weighted Daily Average		588	85.06
% of Calories			57.9%

<b>Wed - 02/22/2012</b>			
2 Lunch Choice	Total		
SANDWICH GRILLED CHEESE cs	1 sandwich	297	31.9
PIZZA CHSE STICKS LUNCH case	2 Sticks	372	43.03
TACO Soft Beef w/Gordito rack	1 EACH	230	16.58
PEANUT BUTTER/JELLY BAR	1 bar	290	30.0
Yogurt Fruited 6 oz	1 carton	170	34.0
Condiments Offered	2 packets	23	6.05
BROCCOLI Florets 1/2 C. rac	.5 cup	85	4.02
Green Salad 1/2 C. SVG rack	.5 oz	74	1.77
ORANGE WEDGES 1 rack	1 orange	45	11.28
Fruit Choice (Winter)	each	58	14.95
Fruit Choice (Winter)	each	58	14.95
Fruit Juice Choice	4 oz	64	16.26
Milk White 1% menu 2	1 8 OZ. CARTON	130	16.0
Milk Chocolate NF menu 2	each	120	22.0
Field Trip Lunch	1	664	88.5
ADD/SUB	0	0	0.0
ADD/SUB	0	0	0.0
ADD/SUB	0	0	0.0
Weighted Daily Average		579	70.20
% of Calories			48.5%

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# EGUSD Food and Nutrition Services

## 2 Lunch Choice

	Portion Size	Cals (kcal)	Carb (g)
Thu - 02/23/2012			
2 Lunch Choice	Total		
CHEESBURGER MINI 2/PKG ca	1 package	465	48.1
MACARONI & CHEESE RACK	7 oz	356	60.45
Pizza Bfast w/Saus wrpd ra	1 each	180	21.0
Sandwich PB Jamwich72/2.8	1 each	281	32.15
Yogurt Fruited 6 oz	1 carton	170	34.0
Condiments Offered	2 packets	23	6.05
Carrots Packs 200/case	1 packet	19	4.35
Condiment -veggie (ranch)	1packet	70	1.0
Corn Cobbette rack	1 each	88	15.64
Applesauce Motts Regular cs	4 oz cup	97	25.6
Fruit Choice (Winter)	each	58	14.95
Fruit Choice (Winter)	each	58	14.95
Fruit Juice Choice	4 oz	64	16.26
Milk White 1% menu 2	1 8 OZ. CARTON	130	16.0
Milk Chocolate NF menu 2	1 each	120	22.0
ADD/SUB	1	0	0.0
ADD/SUB	1	0	0.0
ADD/SUB	0	0	0.0
Field Trip Lunch	1	664	88.5
Weighted Daily Average		636	94.27
% of Calories			59.3%

Fri - 02/24/2012			
2 Lunch Choice	Total		
PIZZA, FRENCH BR, Cheese WG cs	1 EACH	278	28.74
CHICKEN TERIYAKI with RICE rac	5.5 oz portions	380	51.27
FISH NUGGETS 4/SVG rack	4 Nuggets	266	17.31
PEANUT BUTTER/JELLY BAR	1 bar	290	30.0
Yogurt Fruited 6 oz	1 carton	170	34.0
Condiments Offered	2 packets	23	6.05
Green Salad 1/2 C. SVG rack	.5 oz	74	1.77
PEACHES DICED 1/2 C rack	.5 cup	87	20.74
Fruit Choice (Winter)	each	58	14.95
Fruit Choice (Winter)	each	58	14.95
Fruit Juice Choice	4 oz	64	16.26
Cookie, Chocolate Chip LF Ra	1 cookie	110	18.02
Milk White 1% menu 2	1 8 OZ. CARTON	130	16.0
Milk Chocolate NF menu 2	each	120	22.0
ADD/SUB	1	0	0.0
ADD/SUB	1	0	0.0
ADD/SUB	0	0	0.0
Field Trip Lunch	1	664	88.5
Weighted Daily Average		702	91.44
% of Calories			52.1%

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# EGUSD Food and Nutrition Services

## 2 Lunch Choice

	Portion Size	Cals (kcal)	Carb (g)
<b>Mon - 02/27/2012</b>			
2 Lunch Choice	Total		
Pizza, Piazza's Pepperoni CASE	1 each	400	46.0
Bean Dip w/ chips rack	6.0 oz	351	43.92
CHICKEN PATTY/BUN 1/SVG rack	1 Each	300	27.0
PEANUT BUTTER/JELLY BAR	1 bar	290	30.0
Yogurt Fruited 6 oz	1 carton	170	34.0
Condiments Offered	2 packets	23	6.05
Carrots Packs 200/case	1 packet	19	4.35
Condiment -veggie (ranch)	1packet	70	1.0
Tropical Fruit 1/2 C/ser ra	.5 cup	90	21.0
Raisins	1 box	127	33.67
Fruit Choice (Winter)	each	58	14.95
Fruit Juice Choice	4 oz	64	16.26
Cracker, WG Cookie Pres AS	pouch	100	17.96
Milk White 1% menu 2	1 8 OZ. CARTON	130	16.0
Milk Chocolate NF menu 2	each	120	22.0
ADD/SUB	1	0	0.0
ADD/SUB	1	0	0.0
ADD/SUB	0	0	0.0
Field Trip Lunch	1	664	88.5
Weighted Daily Average		767	106.21
% of Calories			55.4%

<b>Tue - 02/28/2012</b>			
2 Lunch Choice	Total		
BURRITO BEAN & CHEESE CASE	1 Burrito	389	55.93
MEATLOAF WITH M. POT. rack	1 EACH	291	26.29
TURKEY HAM FRIED RICE (RACK)	7.5 oz	250	34.5
Sandwich PB Jamwich72/2.8	1 each	281	32.15
Yogurt Fruited 6 oz	1 carton	170	34.0
Condiments Offered	2 packets	23	6.05
Carrots Packs 200/case	1 packet	19	4.35
Condiment -veggie (ranch)	packet	70	1.0
GREEN BEANS fr. 1/2 C. svg rac	.5 cup (2.4 oz)	38	6.12
Fruit Choice (Winter)	each	58	14.95
Fruit Choice (Winter)	each	58	14.95
Fruit Choice (Winter)	each	58	14.95
Fruit Juice Choice	4 oz	64	16.26
Milk White 1% menu 2	1 8 OZ. CARTON	130	16.0
Milk Chocolate NF menu 2	1 each	120	22.0
ADD/SUB	1	0	0.0
ADD/SUB	1	0	0.0
ADD/SUB	1	0	0.0
Field Trip Lunch	1	664	88.5
Weighted Daily Average		576	82.41
% of Calories			57.2%

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - denotes optional nutrient values

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical**

# EGUSD Food and Nutrition Services

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Feb 1, 2012 thru Feb 29, 2012 Spreadsheet - Portion Values

Jan 18, 2012

## 2 Lunch Choice

	Portion Size	Cals (kcal)	Carb (g)
Wed - 02/29/2012			
2 Lunch Choice	Total		
SANDWICH GRILLED CHEESE cs	1 sandwich	297	31.9
PIZZA CHSE STICKS LUNCH case	2 Sticks	372	43.03
TACO Soft Beef w/Gordito rack	1 EACH	230	16.58
PEANUT BUTTER/JELLY BAR	1 bar	290	30.0
Yogurt Fruited 6 oz	1 carton	170	34.0
Condiments Offered	2 packets	23	6.05
Jicama rack	1/2 cup	92	6.5
Green Salad 1/2 C. SVG rack	.5 oz	74	1.77
KIWI WEDGES 1 rack	1 each	46	11.14
Fruit Choice (Winter)	each	58	14.95
Fruit Choice (Winter)	each	58	14.95
Fruit Juice Choice	4 oz	64	16.26
Milk White 1% menu 2	1 8 OZ. CARTON	130	16.0
Milk Chocolate NF menu 2	each	120	22.0
Field Trip Lunch	1	664	88.5
ADD/SUB	0	0	0.0
ADD/SUB	0	0	0.0
ADD/SUB	0	0	0.0
Weighted Daily Average		582	71.35
% of Calories			49.0%

Weighted Average		638	86.38
			54.2%

Nutrient	Menu AVG	% of Cals	Target	% of Target	Miss Data	Shortfall	Error Messages (if any)
Calories	638		667	96%		29	Correction Required - Calories are Low
Carbohydrate (g)	86.38	54.19%					

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data*

*1 - denotes optional nutrient values*

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