

EGUSD Food and Nutrition Services

Page 1

Feb 1, 2012 thru Feb 29, 2012 Spreadsheet - Portion Values

Jan 18, 2012

10 Afterschool Snack

	Portion Size	Cals (kcal)	Carb (g)
Wed - 02/01/2012			
10 Afterschool Snack	Total		
RQ # _____	1	0	0.0
# Students Served _____	1	0	0.0
# of Adults Served _____	1	0	0.0
Juice Orange 6oz case	6 oz	83	21.6
Cracker, Goldfish, hot-n-spicy	1 package	100	14.0
ADD/SUB	1	0	0.0
SUBSTITUTION	1	0	0.0
Weighted Daily Average		183	35.60
% of Calories			78.0%

Thu - 02/02/2012			
10 Afterschool Snack	Total		
RQ # _____	1	0	0.0
# Students Served _____	1	0	0.0
# of Adults Served _____	1	0	0.0
Juice Fruit Blend 70/6oz AS	6 oz	90	22.0
Cookie, Strawberry Dino Gra AS	bag	108	18.65
ADD/SUB	1	0	0.0
SUBSTITUTION	1	0	0.0
Weighted Daily Average		198	40.65
% of Calories			82.1%

Fri - 02/03/2012			
10 Afterschool Snack	Total		
RQ # _____	1	0	0.0
# Students Served _____	1	0	0.0
# of Adults Served _____	1	0	0.0
Juice Orange 6oz case	6 oz	83	21.6
Cookie Waffle Blueberry AS	1 each	108	18.65
ADD/SUB	1	0	0.0
SUBSTITUTION	1	0	0.0
Weighted Daily Average		190	40.25
% of Calories			84.5%

Mon - 02/06/2012			
10 Afterschool Snack	Total		
RQ # _____	1	0	0.0
# Students Served _____	1	0	0.0
# of Adults Served _____	1	0	0.0
Juice Apple 70/6oz AS	6 oz	80	20.0
cracker, Gldfsh Grhm Cinn AS	pouch	120	19.0
ADD/SUB	1	0	0.0
SUBSTITUTION	1	0	0.0
Weighted Daily Average		200	39.00
% of Calories			78.0%

Tue - 02/07/2012			
10 Afterschool Snack	Total		
RQ # _____	1	0	0.0
# Students Served _____	1	0	0.0
# of Adults Served _____	1	0	0.0
Juice Fruit Blend 70/6oz AS	6 oz	90	22.0
CHEESE STRING CHEESE AS	1 each	86	1.09
ADD/SUB	1	0	0.0
SUBSTITUTION	1	0	0.0

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data**

1 - denotes optional nutrient values

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Page 2

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10 Afterschool Snack

Jan 18, 2012

	Portion Size	Cals (kcal)	Carb (g)
Weighted Daily Average		176	23.09
% of Calories			52.6%

Wed - 02/08/2012			
10 Afterschool Snack	Total		
RQ # _____	1	0	0.0
# Students Served _____	1	0	0.0
# of Adults Served _____	1	0	0.0
Juice Fruit Blend 70/6oz AS	6 oz	90	22.0
Cracker, WGGoldfish, cheese AS	1 package	99	13.83
ADD/SUB	1	0	0.0
SUBSTITUTION	1	0	0.0
Weighted Daily Average		189	35.83
% of Calories			75.9%

Thu - 02/09/2012			
10 Afterschool Snack	Total		
RQ # _____	1	0	0.0
# Students Served _____	1	0	0.0
# of Adults Served _____	1	0	0.0
Juice Apple 70/6oz AS	6 oz	80	20.0
CRACKER ANIMAL 100/1 oz AS	1 package	121	23.29
ADD/SUB	1	0	0.0
SUBSTITUTION	1	0	0.0
Weighted Daily Average		201	43.29
% of Calories			85.9%

Fri - 02/10/2012			
10 Afterschool Snack	Total		
RQ # _____	1	0	0.0
# Students Served _____	1	0	0.0
# of Adults Served _____	1	0	0.0
Juice Fruit Blend 70/6oz AS	6 oz	90	22.0
Cracker, WG Cookie Pres AS	pouch	100	17.96
ADD/SUB	1	0	0.0
SUBSTITUTION	1	0	0.0
Weighted Daily Average		190	39.96
% of Calories			84.2%

Mon - 02/13/2012			
10 Afterschool Snack	Total		
RQ # _____	1	0	0.0
# Students Served _____	1	0	0.0
# of Adults Served _____	1	0	0.0
HOLIDAY	1	0	0.0
ADD/SUB	1	0	0.0
SUBSTITUTION	1	0	0.0
Weighted Daily Average		0	0.00
% of Calories			0.0%

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10 Afterschool Snack

	Portion Size	Cals (kcal)	Carb (g)
Tue - 02/14/2012			
10 Afterschool Snack	Total		
RQ # _____	1	0	0.0
# Students Served _____	1	0	0.0
# of Adults Served _____	1	0	0.0
Juice Apple 70/6oz AS	6 oz	80	20.0
Cracker, Scooby-Doo Graham AS	1 each	120	21.0
ADD/SUB	1	0	0.0
SUBSTITUTION	1	0	0.0
Weighted Daily Average		200	41.00
% of Calories			82.0%

Wed - 02/15/2012			
10 Afterschool Snack	Total		
RQ # _____	1	0	0.0
# Students Served _____	1	0	0.0
# of Adults Served _____	1	0	0.0
Juice Fruit Blend 70/6oz AS	6 oz	90	22.0
Cracker, Goldfish, hot-n-spicy	1 package	100	14.0
ADD/SUB	1	0	0.0
SUBSTITUTION	1	0	0.0
Weighted Daily Average		190	36.00
% of Calories			75.8%

Thu - 02/16/2012			
10 Afterschool Snack	Total		
RQ # _____	1	0	0.0
# Students Served _____	1	0	0.0
# of Adults Served _____	1	0	0.0
Juice Apple 70/6oz AS	6 oz	80	20.0
Cookie, Strawberry Dino Gra AS	bag	108	18.65
ADD/SUB	1	0	0.0
SUBSTITUTION	1	0	0.0
Weighted Daily Average		188	38.65
% of Calories			82.2%

Fri - 02/17/2012			
10 Afterschool Snack	Total		
RQ # _____	1	0	0.0
# Students Served _____	1	0	0.0
# of Adults Served _____	1	0	0.0
Juice Fruit Blend 70/6oz AS	6 oz	90	22.0
Cracker, WG Cookie Pres AS	pouch	100	17.96
ADD/SUB	1	0	0.0
SUBSTITUTION	1	0	0.0
Weighted Daily Average		190	39.96
% of Calories			84.2%

Mon - 02/20/2012			
10 Afterschool Snack	Total		
RQ # _____	1	0	0.0
# Students Served _____	1	0	0.0
# of Adults Served _____	1	0	0.0
HOLIDAY	1	0	0.0
ADD/SUB	1	0	0.0
SUBSTITUTION	1	0	0.0

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	Portion Size	Cals (kcal)	Carb (g)
Weighted Daily Average		0	0.00
% of Calories			0.0%

Tue - 02/21/2012			
10 Afterschool Snack	Total		
RQ # _____	1	0	0.0
# Students Served _____	1	0	0.0
# of Adults Served _____	1	0	0.0
Juice Orange 6oz case	6 oz	83	21.6
CHEESE STRING CHEESE AS	1 each	86	1.09
ADD/SUB	1	0	0.0
Weighted Daily Average		168	22.69
% of Calories			54.0%

Wed - 02/22/2012			
10 Afterschool Snack	Total		
RQ # _____	1	0	0.0
# Students Served _____	1	0	0.0
# of Adults Served _____	1	0	0.0
Juice Apple 70/6oz AS	6 oz	80	20.0
Cracker, WGGoldfish, cheese AS	1 package	99	13.83
ADD/SUB	1	0	0.0
Weighted Daily Average		179	33.83
% of Calories			75.7%

Thu - 02/23/2012			
10 Afterschool Snack	Total		
RQ # _____	1	0	0.0
# Students Served _____	1	0	0.0
# of Adults Served _____	1	0	0.0
Juice Fruit Blend 70/6oz AS	6 oz	90	22.0
CRACKER ANIMAL 100/1 oz AS	1 package	121	23.29
ADD/SUB	1	0	0.0
SUBSTITUTION	1	0	0.0
Weighted Daily Average		211	45.29
% of Calories			85.7%

Fri - 02/24/2012			
10 Afterschool Snack	Total		
RQ # _____	1	0	0.0
# Students Served _____	1	0	0.0
# of Adults Served _____	1	0	0.0
Juice Orange 6oz case	6 oz	83	21.6
Cracker, Goldfish, Ranch AS	1 package	100	14.0
ADD/SUB	1	0	0.0
SUBSTITUTION	1	0	0.0
Weighted Daily Average		183	35.60
% of Calories			78.0%

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10 Afterschool Snack

	Portion Size	Cals (kcal)	Carb (g)
Mon - 02/27/2012			
10 Afterschool Snack	Total		
RQ # _____	1	0	0.0
# Students Served _____	1	0	0.0
# of Adults Served _____	1	0	0.0
Juice Apple 70/6oz AS	6 oz	80	20.0
SUNFLOWER SEEDS HON 144/1OZ AS	1 oz.	170	8.0
ADD/SUB	1	0	0.0
SUBSTITUTION	1	0	0.0
Weighted Daily Average		250	28.00
% of Calories			44.8%

Tue - 02/28/2012			
10 Afterschool Snack	Total		
RQ # _____	1	0	0.0
# Students Served _____	1	0	0.0
# of Adults Served _____	1	0	0.0
Juice Fruit Blend 70/6oz AS	6 oz	90	22.0
Cracker, Scooby-Doo Graham AS	1 each	120	21.0
ADD/SUB	1	0	0.0
SUBSTITUTION	1	0	0.0
Weighted Daily Average		210	43.00
% of Calories			81.9%

Wed - 02/29/2012			
10 Afterschool Snack	Total		
RQ # _____	1	0	0.0
# Students Served _____	1	0	0.0
# of Adults Served _____	1	0	0.0
Juice Orange 6oz case	6 oz	83	21.6
Cracker, Goldfish, hot-n-spicy	1 package	100	14.0
ADD/SUB	1	0	0.0
SUBSTITUTION	1	0	0.0
Weighted Daily Average		183	35.60
% of Calories			78.0%

Weighted Average		194	36.70
			75.8%

Nutrient	Menu AVG	% of Cals	Target	% of Target	Miss Data	Shortfall	Error Messages (if any)
Calories	194		0				
Carbohydrate (g)	36.70	75.84%					

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