

EGUSD Food and Nutrition Services

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Feb 1, 2010 thru Feb 26, 2010 Spreadsheet - Portion Values

Jan 25, 2010

2 Lunch Choice

	Portion Size	Cals	g Carb
Mon - 02/01/2010			
2 Lunch Choice	Total		
PIZZA GALAXY CHEESE case	1 EACH	330	32.00
MEATLOAF WITH M. POT. rack	1 EACH	255	22.62
CHIC PATTY/BUN 1/SVG rac	1 Each	390	43.00
PEANUT BUTTER/JELLY BAR	1 bar	322	28.50
Condiments Offered	2 packets	30	6.50
CORN Whole Kernel 1/2 C rack	.5 cup (2.8 oz)	66	15.83
Fruit Ice Singles, Peach cs	1 each	52	12.44
Fruit Choice (Fresh Fruit)	1 each	69	17.70
Fruit Choice (Fresh Fruit)	1 each	69	17.70
Fruit Juice Choice	4 oz	64	16.26
cracker, Goldfish Graham	pouch	120	19.00
Milk White/Chocolate Crystal	each	150	23.50
ADD/SUB	1	0	0.00
ADD/SUB	1	0	0.00
ADD/SUB	1	0	0.00
Field Trip Lunch	1	687	88.16
Weighted Daily Average		738	108.39
% of Calories			58.7%

Tue - 02/02/2010			
2 Lunch Choice	Total		
PORK RIB-A-Q rack	1 EACH	243	25.00
CORNDOG chicke case 1 per ser	1 EACH	280	26.00
PIZZA CHSE STICKS LUNCH case	2 Sticks	390	40.93
Sandwich PB Jamwich72/2.8	1 each	304	32.00
Condiments Offered	2 packets	30	6.50
Carrots Packs 200/case	1 packet	19	4.35
Condiment -veggie (ranch)	packet	70	1.00
PINEAPPLE TIDBITS 1/2 C rack	1/2 CUP	66	16.95
Fruit Choice (Fresh Fruit)	1 each	69	17.70
Fruit Choice (Fresh Fruit)	1 each	69	17.70
Fruit Juice Choice	4 oz	64	16.26
Milk White/Chocolate Crystal	each	150	23.50
ADD/SUB	1	0	0.00
ADD/SUB	1	0	0.00
ADD/SUB	1	0	0.00
Field Trip Lunch	1	687	88.16
Weighted Daily Average		580	76.81
% of Calories			53.0%

Wed - 02/03/2010			
2 Lunch Choice	Total		
Bean Dip w/ chips rack	6.0 oz	349	43.32
CHEESBURGER MINI 2/PKG ra	1 package	472	50.92
PIZZA FRENCH BREAD case	1 slice	350	30.00
Condiments Offered	2 packets	30	6.50
PEANUT BUTTER/JELLY BAR	1 bar	322	28.50
GREEN BEANS fr. 1/2 C. svg rac	.5 cup (2.4 oz)	19	4.35
Carrots Packs 200/case	1 packet	19	4.35
Condiment -veggie (ranch)	1packet	70	1.00
APPLESAUCE 1/2 cup serving ra	1/2 cup	97	25.39
Fruit Choice (Fresh Fruit)	1 each	69	17.70
Fruit Choice (Fresh Fruit)	1 each	69	17.70
Fruit Juice Choice	4 oz	64	16.26
Milk White/Chocolate Crystal	1 each	150	23.50
ADD/SUB	1	0	0.00
ADD/SUB	1	0	0.00
ADD/SUB	1	0	0.00
Field Trip Lunch	1	687	88.16

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2 Lunch Choice

	Portion Size	Cals	g Carb
Weighted Daily Average		666	88.30
% of Calories			53.0%

Thu - 02/04/2010			
2 Lunch Choice	Total		
CHICKEN, HAWAIIAN RACK	1 EACH	365	56.19
SANDWICH GRILLED CHEESE cs	1 sandwich	256	30.80
FISH NUGGETS 4/SVG rack	4 Nuggets	260	17.00
Sandwich PB Jamwich72/2.8	1 each	304	32.00
Condiments Offered	2 packets	30	6.50
Green Salad 1/2 C. SVG rack	1-1.5oz	80	2.58
ORANGE WEDGES 1 rack	1 orange	45	11.28
Fruit Choice (Fresh Fruit)	1 each	69	17.70
Fruit Choice (Fresh Fruit)	1 each	69	17.70
Fruit Juice Choice	4 oz	64	16.26
Milk White/Chocolate Crystal	1 each	150	23.50
ADD/SUB	1	0	0.00
ADD/SUB	1	0	0.00
ADD/SUB	1	0	0.00
Field Trip Lunch	1	687	88.16
Weighted Daily Average		602	78.32
% of Calories			52.0%

Fri - 02/05/2010			
2 Lunch Choice	Total		
MACARONI & HAM W/CHEESE rack	7 oz	300	33.00
CHICKEN NUGGETS 4/SVG rack	4 Nuggets	263	11.12
MACARONI & CHEESE RACK	7 oz	300	33.00
Condiments Offered	2 packets	30	6.50
PEANUT BUTTER/JELLY BAR	1 bar	322	28.50
Zucchini & Carrot Sticks rack	.5 cup	99	6.72
Mixed Fruit 1/2 C. SVG rack	.5 cup	80	18.00
Fruit Choice (Fresh Fruit)	1 each	69	17.70
Fruit Choice (Fresh Fruit)	1 each	69	17.70
Fruit Juice Choice	4 oz	64	16.26
Cookie Oatmeal 1 oz Rack	1 cookie	114	17.05
Milk White/Chocolate Crystal	each	150	23.50
ADD/SUB	1	0	0.00
ADD/SUB	1	0	0.00
Field Trip Lunch	1	687	88.16
Weighted Daily Average		745	93.60
% of Calories			50.3%

Mon - 02/08/2010			
2 Lunch Choice	Total		
RQ # _____	1	0	0.00
# Students Served _____	1	0	0.00
# of Adults Served _____	1	0	0.00
HOLIDAY	1	0	0.00
Weighted Daily Average		0	0.00
% of Calories			0.0%

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Feb 1, 2010 thru Feb 26, 2010 Spreadsheet - Portion Values

Jan 25, 2010

2 Lunch Choice

	Portion Size	Cals	g Carb
Tue - 02/09/2010			
2 Lunch Choice	Total		
PORK RIB-A-Q rack	1 EACH	243	25.00
CORNDOG chicke case 1 per ser	1 EACH	280	26.00
PIZZA CHSE STICKS LUNCH case	2 Sticks	390	40.93
Sandwich PB Jamwich72/2.8	1 each	304	32.00
Condiments Offered	2 packets	30	6.50
Carrots Packs 200/case	1 packet	19	4.35
Condiment -veggie (ranch)	packet	70	1.00
APPLESAUCE 1/2 cup serving ra	1/2 cup	97	25.39
Fruit Choice (Fresh Fruit)	1 each	69	17.70
Fruit Choice (Fresh Fruit)	1 each	69	17.70
Fruit Juice Choice	4 oz	64	16.26
Milk White/Chocolate Crystal	each	150	23.50
ADD/SUB	1	0	0.00
ADD/SUB	1	0	0.00
ADD/SUB	1	0	0.00
Field Trip Lunch	1	687	88.16
Weighted Daily Average		587	78.92
% of Calories			53.7%

Wed - 02/10/2010			
2 Lunch Choice	Total		
Bean Dip w/ chips rack	6.0 oz	349	43.32
CHEESBURGER MINI 2/PKG ra	1 package	472	50.92
PIZZA FRENCH BREAD case	1 slice	350	30.00
PEANUT BUTTER/JELLY BAR	1 bar	322	28.50
Condiments Offered	2 packets	30	6.50
Corn Cobbette rack	1 each	59	14.07
Carrots Packs 200/case	1 packet	19	4.35
Condiment -veggie (ranch)	1packet	70	1.00
Fruit Cup Peach Case	1 Each	117	30.00
Fruit Choice (Fresh Fruit)	1 each	69	17.70
Fruit Choice (Fresh Fruit)	1 each	69	17.70
Fruit Juice Choice	4 oz	64	16.26
Milk White/Chocolate Crystal	each	150	23.50
ADD/SUB	1	0	0.00
ADD/SUB	1	0	0.00
ADD/SUB	1	0	0.00
Field Trip Lunch	1	687	88.16
Weighted Daily Average		691	94.31
% of Calories			54.6%

Thu - 02/11/2010			
2 Lunch Choice	Total		
CHICKEN, HAWAIIAN RACK	1 EACH	365	56.19
SANDWICH GRILLED CHEESE cs	1 sandwich	256	30.80
FISH NUGGETS 4/SVG rack	4 Nuggets	260	17.00
Sandwich PB Jamwich72/2.8	1 each	304	32.00
Condiments Offered	2 packets	30	6.50
Green Salad 1/2 C. SVG rack	1-1.5oz	80	2.58
KIWI WEDGES 1 rack	1 each	46	11.14
Fruit Choice (Fresh Fruit)	1 each	69	17.70
Fruit Choice (Fresh Fruit)	1 each	69	17.70
Fruit Juice Choice	4 oz	64	16.26
Milk White/Chocolate Crystal	each	150	23.50
ADD/SUB	1	0	0.00
ADD/SUB	1	0	0.00
ADD/SUB	1	0	0.00
Field Trip Lunch	1	687	88.16

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2 Lunch Choice

	Portion Size	Cals	g Carb
Weighted Daily Average		602	78.28
% of Calories			52.0%

Fri - 02/12/2010			
2 Lunch Choice	Total		
MACARONI & HAM W/CHEESE rack	7 oz	300	33.00
CHICKEN NUGGETS 4/SVG rack	4 Nuggets	263	11.12
MACARONI & CHEESE RACK	7 oz	300	33.00
PEANUT BUTTER/JELLY BAR	1 bar	322	28.50
Condiments Offered	2 packets	30	6.50
BROCCOLI Florets 1/2 C. rac	.5 cup	85	3.92
Tropical Fruit 1/2 C/ser ra	.5 cup	79	19.77
Fruit Choice (Fresh Fruit)	1 each	69	17.70
Fruit Choice (Fresh Fruit)	1 each	69	17.70
Fruit Juice Choice	4 oz	64	16.26
Cookie, Chocolate Chip LF Ra	1 cookie	110	17.83
Milk White/Chocolate Crystal	each	150	23.50
ADD/SUB	1	0	0.00
ADD/SUB	1	0	0.00
Field Trip Lunch	1	687	88.16
Weighted Daily Average		726	92.02
% of Calories			50.7%

Mon - 02/15/2010			
2 Lunch Choice	Total		
RQ # _____	1	0	0.00
# Students Served _____	1	0	0.00
# of Adults Served _____	1	0	0.00
HOLIDAY	1	0	0.00
Weighted Daily Average		0	0.00
% of Calories			0.0%

Tue - 02/16/2010			
2 Lunch Choice	Total		
PORK RIB-A-Q rack	1 EACH	243	25.00
CORNDOG chicke case 1 per ser	1 EACH	280	26.00
PIZZA CHSE STICKS LUNCH case	2 Sticks	390	40.93
Sandwich PB Jamwich72/2.8	1 each	304	32.00
Condiments Offered	2 packets	30	6.50
Carrots Packs 200/case	1 packet	19	4.35
Condiment -veggie (ranch)	packet	70	1.00
PEACHES DICED 1/2 C rack	.5 cup	68	18.26
Fruit Choice (Fresh Fruit)	1 each	69	17.70
Fruit Choice (Fresh Fruit)	1 each	69	17.70
Fruit Juice Choice	4 oz	64	16.26
Milk White/Chocolate Crystal	each	150	23.50
ADD/SUB	1	0	0.00
ADD/SUB	1	0	0.00
ADD/SUB	1	0	0.00
Field Trip Lunch	1	687	88.16
Weighted Daily Average		580	77.14
% of Calories			53.2%

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Feb 1, 2010 thru Feb 26, 2010 Spreadsheet - Portion Values

Jan 25, 2010

2 Lunch Choice

	Portion Size	Cals	g Carb
Wed - 02/17/2010			
2 Lunch Choice	Total		
Bean Dip w/ chips rack	6.0 oz	349	43.32
CHEESBURGER MINI 2/PKG ra	1 package	472	50.92
PIZZA FRENCH BREAD case	1 slice	350	30.00
PEANUT BUTTER/JELLY BAR	1 bar	322	28.50
CARROT COINS 1/2 c. serving ra	.5 cup (2.6 oz)	27	5.64
Carrots Packs 200/case	1 packet	19	4.35
Condiment -veggie (ranch)	1packet	70	1.00
APPLESAUCE 1/2 cup serving ra	1/2 cup	97	25.39
Fruit Choice (Fresh Fruit)	1 each	69	17.70
Fruit Choice (Fresh Fruit)	1 each	69	17.70
Fruit Juice Choice	4 oz	64	16.26
Milk White/Chocolate Crystal	each	150	23.50
ADD/SUB	1	0	0.00
ADD/SUB	1	0	0.00
ADD/SUB	1	0	0.00
Field Trip Lunch	1	687	88.16
Weighted Daily Average		663	87.32
% of Calories			52.7%

Thu - 02/18/2010			
2 Lunch Choice	Total		
CHICKEN, HAWAIIAN RACK	1 EACH	365	56.19
SANDWICH GRILLED CHEESE cs	1 sandwich	256	30.80
FISH NUGGETS 4/SVG rack	4 Nuggets	260	17.00
Sandwich PB Jamwich72/2.8	1 each	304	32.00
Condiments Offered	2 packets	30	6.50
Green Salad 1/2 C. SVG rack	1-1.5oz	80	2.58
ORANGE WEDGES 1 rack	1 orange	45	11.28
Fruit Choice (Fresh Fruit)	1 each	69	17.70
Fruit Choice (Fresh Fruit)	1 each	69	17.70
Fruit Juice Choice	4 oz	64	16.26
Milk White/Chocolate Crystal	each	150	23.50
ADD/SUB	1	0	0.00
ADD/SUB	1	0	0.00
Field Trip Lunch	1	687	88.16
Weighted Daily Average		602	78.32
% of Calories			52.0%

Fri - 02/19/2010			
2 Lunch Choice	Total		
MACARONI & HAM W/CHEESE rack	7 oz	300	33.00
CHICKEN NUGGETS 4/SVG rack	4 Nuggets	263	11.12
MACARONI & CHEESE RACK	7 oz	300	33.00
PEANUT BUTTER/JELLY BAR	1 bar	322	28.50
Condiments Offered	2 packets	30	6.50
Carrot & Celery Sticks rack	1/2 cup	94	6.31
PEARS DICED 1/2 C rack	.5 cup	72	19.04
Fruit Choice (Fresh Fruit)	1 each	69	17.70
Fruit Choice (Fresh Fruit)	1 each	69	17.70
Fruit Juice Choice	4 oz	64	16.26
Cookie Sugar 1 oz Rack	1 cookie	128	16.96
Milk White/Chocolate Crystal	each	150	23.50
ADD/SUB	1	0	0.00
ADD/SUB	1	0	0.00
Field Trip Lunch	1	687	88.16
Weighted Daily Average		751	93.36
% of Calories			49.7%

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EGUSD Food and Nutrition Services

2 Lunch Choice

	Portion Size	Cals	g Carb
Mon - 02/22/2010			
2 Lunch Choice	Total		
PIZZA GALAXY CHEESE case	1 EACH	330	32.00
MEATLOAF WITH M. POT. rack	1 EACH	255	22.62
CHIC PATTY/BUN 1/SVG rac	1 Each	390	43.00
PEANUT BUTTER/JELLY BAR	1 bar	322	28.50
Condiments Offered	2 packets	30	6.50
PEAS FROZEN 1/2 C rack	.5 cup (2.8 oz)	62	11.41
Minute Maid Bar Very Berr case	1 each	60	15.00
Fruit Choice (Fresh Fruit)	1 each	69	17.70
Fruit Choice (Fresh Fruit)	1 each	69	17.70
Fruit Juice Choice	4 oz	64	16.26
Cookies, Chortles, AS	1 each	114	18.97
Milk White/Chocolate Crystal	each	150	23.50
ADD/SUB	1	0	0.00
ADD/SUB	1	0	0.00
ADD/SUB	1	0	0.00
Field Trip Lunch	1	687	88.16
Weighted Daily Average		730	104.58
% of Calories			57.3%

Tue - 02/23/2010			
2 Lunch Choice	Total		
PORK RIB-A-Q rack	1 EACH	243	25.00
CORNDOG chicke case 1 per ser	1 EACH	280	26.00
PIZZA CHSE STICKS LUNCH case	2 Sticks	390	40.93
Sandwich PB Jamwich72/2.8	1 each	304	32.00
Condiments Offered	2 packets	30	6.50
Carrots Packs 200/case	1 packet	19	4.35
Condiment -veggie (ranch)	packet	70	1.00
APRICOTS 1/2 C. Serving ra	.5 cup	80	20.86
Fruit Choice (Fresh Fruit)	1 each	69	17.70
Fruit Choice (Fresh Fruit)	1 each	69	17.70
Fruit Juice Choice	4 oz	64	16.26
Milk White/Chocolate Crystal	each	150	23.50
ADD/SUB	1	0	0.00
ADD/SUB	1	0	0.00
ADD/SUB	1	0	0.00
Field Trip Lunch	1	687	88.16
Weighted Daily Average		583	77.79
% of Calories			53.4%

Wed - 02/24/2010			
2 Lunch Choice	Total		
Bean Dip w/ chips rack	6.0 oz	349	43.32
CHEESBURGER MINI 2/PKG ra	1 package	472	50.92
PIZZA FRENCH BREAD case	1 slice	350	30.00
PEANUT BUTTER/JELLY BAR	1 bar	322	28.50
Corn Cobbette rack	1 each	59	14.07
Carrots Packs 200/case	1 packet	19	4.35
Condiment -veggie (ranch)	1packet	70	1.00
Fruit Cup Peach Case	1 Each	117	30.00
Fruit Choice (Fresh Fruit)	1 each	69	17.70
Fruit Choice (Fresh Fruit)	1 each	69	17.70
Fruit Juice Choice	4 oz	64	16.26
Milk White/Chocolate Crystal	each	150	23.50
ADD/SUB	1	0	0.00
ADD/SUB	1	0	0.00
ADD/SUB	1	0	0.00
Field Trip Lunch	1	687	88.16

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Feb 1, 2010 thru Feb 26, 2010 Spreadsheet - Portion Values

Jan 25, 2010

2 Lunch Choice

	Portion Size	Cals	g Carb
Weighted Daily Average		683	92.69
% of Calories			54.3%

Thu - 02/25/2010			
2 Lunch Choice	Total		
CHICKEN, HAWAIIAN RACK	1 EACH	365	56.19
SANDWICH GRILLED CHEESE cs	1 sandwich	256	30.80
FISH NUGGETS 4/SVG rack	4 Nuggets	260	17.00
Sandwich PB Jamwich72/2.8	1 each	304	32.00
Condiments Offered	2 packets	30	6.50
Green Salad 1/2 C. SVG rack	1-1.5oz	80	2.58
KIWI WEDGES 1 rack	1 each	46	11.14
Fruit Choice (Fresh Fruit)	1 each	69	17.70
Fruit Choice (Fresh Fruit)	1 each	69	17.70
Fruit Juice Choice	4 oz	64	16.26
Milk White/Chocolate Crystal	each	150	23.50
ADD/SUB	1	0	0.00
ADD/SUB	1	0	0.00
ADD/SUB	1	0	0.00
Field Trip Lunch	1	687	88.16
Weighted Daily Average		602	78.28
% of Calories			52.0%

Fri - 02/26/2010			
2 Lunch Choice	Total		
MACARONI & HAM W/CHEESE rack	7 oz	300	33.00
CHICKEN NUGGETS 4/SVG rack	4 Nuggets	263	11.12
MACARONI & CHEESE RACK	7 oz	300	33.00
PEANUT BUTTER/JELLY BAR	1 bar	322	28.50
Condiments Offered	2 packets	30	6.50
Jicama rack	1/2 cup	72	1.48
MANDARIN ORANGES 1/2 C. rack	.5 cup	36	8.89
Fruit Choice (Fresh Fruit)	1 each	69	17.70
Fruit Choice (Fresh Fruit)	1 each	69	17.70
Fruit Juice Choice	4 oz	64	16.26
Cookie, Chocolate Chip LF Ra	1 cookie	110	17.83
Milk White/Chocolate Crystal	each	150	23.50
ADD/SUB	1	0	0.00
ADD/SUB	1	0	0.00
ADD/SUB	1	0	0.00
Field Trip Lunch	1	687	88.16
Weighted Daily Average		702	86.86
% of Calories			49.5%

Weighted Average		657	86.96
			52.9%

Nutrient	Menu AVG	% of Cals	Target	% of Target	Miss Data	Shortfall	Error Messages (if any)
Calories	657		667	99%		10	Correction Required - Calories are Low
Carbohydrate (g)	86.96	52.90%	0.00				

Note: * - asterisk denotes nutrients with either missing or incomplete nutrient data.

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