

Community Service and College/Career

Ways to lead this conversation with your freshmen:

Ask them questions like:

- How many of you have thought about college?
- What colleges?
- What are you interested in?
- If you haven't thought about college have you thought about any alternatives such as the Army, Navy Air Force, Marines, etc.?
- 4 Year college/university/2 year/community college/trade and vocational/tech schools.

And any other questions that you can come up with to lead or keep this conversation moving.

College & Career /Community Service

Community service is very important when it comes to your graduation. It also looks very good on both college and job applications especially if you maintain and volunteer at the same place over a number of consecutive years, it shows them you are dedicated.

Community service

A few places you can easily volunteer:

Loaves and Fishes

446-0874(Galvin)

At loaves and fishes you get to help prepare and serve the homeless food in Sacramento.

American Red Cross

368-3155 (Jena Emery)

Use your spare time to volunteer at the local Red Cross.

Boys and Girls club

392-1350 (Augustine Arrellano)

Volunteer your extra time at certain local elementary and middle schools tutor and have fun!!

In order to receive your cords for graduation, you need to complete the community service requirement all four years: 20 hours as freshman, 20 hours as sophomore, 25 hours as Junior and 25 hours as senior.

You can get the community service logs in the counseling office, and turn them in before summer break of that year in the Front office in order to have it noted on your transcript, it will say pass or no pass. You need all four years in order to receive the cord.

College & Career

Even as early as being a freshman, it is very important to look into what kind of colleges you want to attend, based off your strong points in school, your interests and even your extra- curricular activities.

Interesting colleges: (These are trade and vocational schools)

- o The Los Angeles Recording School
- o The Art institute of California
- o UTI – Universal Technical Institute

Alternate options: These are for people who want a career but don't necessarily want to go directly to college:

National Guard

Air Force
Marines
Army
Navy

Things to help you along the way:

You want to go to college and you don't think you have the money, that's what these are for. To help you get started!!

Financial aid -FASFA

Scholarship Lists – Mrs. McCabe provides a good list of scholarships on SheldonHuskies.com under the Scholarships link.

Extra things:

Job corps

Explorer program

Dental hygiene program opportunities

Associate degree nursing program

For other options: Go to the career center or look online and explore your endless possibilities!!!

Information that freshmen should know about college.

- ❖ High school is very important, work hard and be productive, but have fun! Colleges are looking for well rounded students who are involved in school and community and maintain a good GPA.
- ❖ Requirements for colleges are all different, like tests (like the SAT, etc) different courses that need to be taken, required GPA, etc.

Places to go to receive the information

- ❖ A smart thing to do is to go online to any college or community college to receive information about things like their entry requirements, etc.
- ❖ You can take advanced education classes once you are either 16 years of age or completion of your sophomore year of high school.
- ❖ If you are interested in receiving information about either CRC or Sac City then there are presentations in the career center, all ages and grades are welcome at your lunch.

Want to take a tour on the college of your choice?

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Alternate options: These are for people who want a career but don't necessarily want to go directly to college:

National Guard

Air Force
Marines
Army
Navy

Things to help you along the way:

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Financial aid -FASFA

Scholarship Lists – Mrs. McCabe provides a good list of scholarships on SheldonHuskies.com under the Scholarships link.

Extra things:

Job corps

Explorer program

Dental hygiene program opportunities

Associate degree nursing program

For other options: Go to the career center or look online and explore your endless possibilities!!!

Information that freshmen should know about college.

- ❖ High school is very important, work hard and be productive, but have fun! Colleges are looking for well rounded students who are involved in school and community and maintain a good GPA.
- ❖ Requirements for colleges are all different, like tests (like the SAT, etc) different courses that need to be taken, required GPA, etc.

Places to go to receive the information

- ❖ A smart thing to do is to go online to any college or community college to receive information about things like their entry requirements, etc.
- ❖ You can take advanced education classes once you are either 16 years of age or completion of your sophomore year of high school.
- ❖ If you are interested in receiving information about either CRC or Sac City then there are presentations in the career center, all ages and grades are welcome at your lunch.

Want to take a tour on the college of your choice?

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Community Service and College/Career

Ways to lead this conversation with your freshmen:

Ask them questions like:

- How many of you have thought about college?
- What colleges?
- What are you interested in?
- If you haven't thought about college have you thought about any alternatives such as the Army, Navy Air Force, Marines, etc.?
- 4 Year college/university/2 year/community college/trade and vocational/tech schools.

And any other questions that you can come up with to lead or keep this conversation moving.

College & Career /Community Service

Community service is very important when it comes to your graduation. It also looks very good on both college and job applications especially if you maintain and volunteer at the same place over a number of consecutive years, it shows them you are dedicated.

Community service

A few places you can easily volunteer:

Loaves and Fishes

446-0874(Galvin)

At loaves and fishes you get to help prepare and serve the homeless food in Sacramento.

American Red Cross

368-3155 (Jena Emery)

Use your spare time to volunteer at the local Red Cross.

Boys and Girls club

392-1350 (Augustine Arrellano)

Volunteer your extra time at certain local elementary and middle schools tutor and have fun!!

In order to receive your cords for graduation, you need to complete the community service requirement all four years: 20 hours as freshman, 20 hours as sophomore, 25 hours as Junior and 25 hours as senior.

You can get the community service logs in the counseling office, and turn them in before summer break of that year in the Front office in order to have it noted on your transcript, it will say pass or no pass. You need all four years in order to receive the cord.

College & Career

Even as early as being a freshman, it is very important to look into what kind of colleges you want to attend, based off your strong points in school, your interests and even your extra- curricular activities.

Interesting colleges: (These are trade and vocational schools)

- o The Los Angeles Recording School
- o The Art institute of California
- o UTI – Universal Technical Institute

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