

Introduction

The Florin High School Counselors and Support Personnel are committed to ensuring that all students feel safe and know how to access services during their years in high school.

This guide is provided for you as an introduction to the many services available on our site and in the community.

Counselors

Counselors are assigned a caseload based on the spelling of a student's last name.

Below is the assignment of counselors to students this year:

STUDENTS LAST NAME	COUNSELOR NAME
A-Gon	Mr. McGhee
Goo—Mora	Mrs. Kwong-Vergara
Morb—Sin	Mrs. Lyle
Sina—Z	Ms. Lee

Counselors can help you with college planning, scheduling, career information, PSAT/SAT and ACT info and scholarships/grants/financial aid and personal issues.

You can see your counselor by making an appointment in the counseling office (fill out the appointment request form at the counseling secretary's desk), before school, during your lunch or after school.

FLORIN HIGH SCHOOL

COUNSELING AND RESOURCE SERVICES



Helping All Students to
Connect to School
Positively and Safely

FLORIN HIGH SCHOOL
7956 Cottonwood Lane
Sacramento, CA 95828
916 689-8600
<http://www.egusd.net/florinhigh>

Other Services

Healthy Start

What is the goal of Healthy Start?

The goal of Healthy Start is to improve the educational, health and social outcomes for students and their families, using the school site at Florin High to help coordinate services.

Where is Healthy Start located?

Counseling Office

What community services are provided for students?

- ❖ Medical, dental and vision referrals and insurance needs
- ❖ Counseling
- ❖ Tobacco and other drug issues
- ❖ Clothing and food closet referrals
- ❖ Support services for pregnant teens, including parenting classes

You may get assistance by dropping in at lunch or after school or requesting to see one of the staff.

Career Center

The Career Center is located in the counseling office.

The staff in the Career Center can help you with:

- ❖ College planning
- ❖ Career Information
- ❖ Weekly college rep visits
- ❖ PAST/SAT/ACT and ASVAB
- ❖ Financial Aid including Grants/Scholarships and filling out the FAFSA (financial aid form in 12th grade)

The Career Center Tech is Mrs. Best.

You can use the Career Center during your lunch or request to see one of the staff by filling out a request form found at the counseling secretary's desk in the main office.

Campus Supervisors

Campus supervisors help keep our campus safe by:

- ❖ Helping students find their classes
- ❖ Monitor students out of class
- ❖ Assist students in emergencies
- ❖ Acting as a liaison between students and staff

Conflict Management

Conflict Management is a peer mediation program to help students communicate and resolve issues.

Conflict Managers are 9th–12th graders trained to resolve conflicts between students.

You should use the conflict management program when you or someone you know is:

- ❖ Threatened
- ❖ Harassed (verbally, physically or sexually)
- ❖ A victim of rumors or gossip
- ❖ Experiencing relationship problems
- ❖ Experiencing misunderstanding with others

You can access the Conflict management program by coming to the counseling office during lunch or before or after school and filling out *The Witness Statement Form* and leave it with the counseling secretary. If it is an emergency contact a campus supervisor, teacher, counselor or administrator.

A student trained conflict manager will talk with you and the other person individually and then arrange for both parties to discuss the matter. A voluntary process to work out differences leading to a peaceful solution will be worked out.